



**PRISM**  
VOLLEYBALL CLUB

## **Club Handbook**

**2025 – 2026**

Aug 4, 2025

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## Club Overview

Prism Volleyball Club is a non-profit organization focused on providing youth athletes with the opportunity to play competitive volleyball to help develop team building, communication, and leadership skills essential both on and off the court.

Prism Volleyball Club is registered with the Puget Sound Regional Volleyball Association as well as the Junior Volleyball Association. The club was founded in July 2023 and fielded three indoor teams during the 2023-24 Club Season. The club doubled their second season by fielding six indoor teams ranging from U12 through U18 teams.

## Mission

The Mission of the Prism Volleyball Club is to provide youth athletes the opportunity to play competitive volleyball and develop skills essential for high school and collegiate level competition and studies.

## Tryouts, Player Selection and Commitments

### Tryouts

The Tryout schedules and location information for each team will be posted to the Prism Volleyball Clubs home page. Athletes interested in trying out for the team will need to pre-register and complete all the registration items outlined on the club's tryout page.

All athletes are required to pre-register for any scheduled tryout as the club will limit the number of athletes based on facility and coaching resources. Athletes should expect that tryout applications will close prior to the scheduled tryout date due to demand. Walk-ups will not be accepted on the day of the tryout.

Athletes should bring a water bottle and volleyball equipment (kneepads, arm sleeves, good shoes) to the tryouts. Athletes should arrive at the tryouts 15 minutes early and start to stretch and warm up once they have checked in. Tryouts will be fast paced as the club evaluates the athlete's skill level, movements, and communication skills.

### Commitments

Athletes will be notified at the end of tryouts if they are selected for a team, or if they are on the alternate list. Selected athletes will be provided a PSR Letter of Commitment that can either be signed on the spot, or signed within 48-hours and mailed to the club at [office@prismvolleyball.org](mailto:office@prismvolleyball.org).

**NOTE:** If the club has not received a signed Letter of Commitment within 48 hours, following the closure of tryouts or when the athlete receives the letter, the club has no obligations to follow up with or notify the athlete. The Letter of Commitment will be considered revoked and the position on the team can be offered to another Athlete.

- **PSR 2025-26 Letter of Commitment** Parents should refer to the [Puget Sound Region's tryout page](#) for more information on the signing process.

## Uniforms and Equipment

### Uniforms and Equipment packages

Prism Volleyball Club will provide athletes with the following uniforms and equipment for the 2025-2026 season.

- Sleeveless - Light Jersey (qty 1)
- Sleeveless - Dark Jersey (qty 1)
- Short Sleeve Practice Tees (qty 2)
- Long Sleeve Practice Tee (qty 1)
- Mizuno LR6 Pro Kneepads (white, qty 1)
- Mizuno Arm Sleeves (Black, 1 pair)
- Mizuno Vital Crew Socks (3 pairs)
- Prism Volleyball Club Hoodie (qty 1)
- Prism Volleyball Club Sweatpants (qty 1)
- Prism Volleyball Club Backpack (qty 1)

### Prism Jerseys

All Prism Jerseys for a given age division will look identical except the Player Number and have Prism on the back. Each age division has a defined color.

The teams within each age division will have jersey numbers from 2-29.

The 2025-26 Jerseys are not designed yet but will be like the 2024-25 season uniforms shown below.

#### 2024-25 Sample U14 Jerseys



Uniforms have a lead time of 4-6 weeks, so these must be ordered for all teams by the end of November. The club will schedule a fitting day for any committed athlete to select the proper uniform sizes.

All uniforms and branded club equipment are custom items and cannot be returned.

**Note:** Replacement jerseys caused by loss or incorrect fit can take up to 4-6 weeks to replace. The athlete will be responsible for replacing any lost or damaged uniform items at their own expense.

## Other Equipment

The athlete will be responsible for the following:

- Mizuno Victory 3.5" Volleyball Shorts (Black)
- Shoes – high top volleyball shoes are recommended.
- Drink bottle

## Financial

*Prism Volleyball Club* is a youth non-profit organization supported by its members. Maintaining the club is dependent upon all players paying their dues in full for the entire season. The club will incur over 30% of the annual costs before the first tournament as entry fees need to be submitted and uniforms and other equipment need to be ordered.

Players who withdraw, are suspended from the club or whose seasons are shortened by injury are still required to pay their share of dues for the entire season.

### Club Fees

Included	Not Included
<ul style="list-style-type: none"><li>• Equipment including team uniforms (refer to <a href="#">Uniform and Equipment packages</a>)</li><li>• Coach and any assistant coach costs</li><li>• Travel allowance and accommodation for Coaches for overnight and long-distance tournaments.</li><li>• Team equipment (balls, carts, nets, first aid kits and supplies,</li><li>• Tournament Fees</li><li>• Shared overhead costs to operate the club.</li><li>• AAU player memberships depending on the team's tournament schedule</li></ul>	<ul style="list-style-type: none"><li>• Athlete's travel expenses or meals</li><li>• USAV membership for players</li><li>• Personal equipment such as shoes, and water bottles</li></ul>

Team fees will vary within the club based on several factors including the number of coaches, team development focus, team practices, scrimmages, and the team's tournament schedule.

At Prism Volleyball, we will not predefine our teams' hierarchy, and all teams will be regional club teams. The club will build a competitive schedule of local and regional tournaments that will provide all teams at Prism the opportunity to play against top clubs from around the Pacific Northwest.

The U15-U17 teams will have one out of state travel tournament. The club will pay for the tournament registration and hotels for coaches and a team chaperone. The club will also pay for

shared hotel rooms for the team and ground transportation. Each athlete will be responsible for their Airfare to the tournament and monies for meals.

If a team qualifies for a national bid, we are required to decide on the spot. Travel costs for attending nationals are not modeled in the club dues below. Parents will be informed when the schedule changes and the estimated travel costs will be added to club dues.

The tables below outline the 2025-26 Club Dues.

Team	Plan
<b>U12</b> \$3970	The team will have 14-16 days of tournaments and around 38-40 practices during the season. The U12 team will practice two times per week. The team's tournament schedule is published on the <a href="#">Prism Volleyball Club website</a> . The U12 team will play in the USAV Power League as well as regional tournaments and practice through the final PSR May Day Festival tournament.
<b>U13-14</b> \$4240	The team will have 17-19 days of tournaments and around 38-40 practices during the season. The U13-14 teams will practice two times per week. Each team's tournament schedule is published on the <a href="#">Prism Volleyball Club website</a> . The teams will play in the USAV Power League as well as regional tournaments and practice through the final Emerald City Classic Invitational.
<b>U15-U17</b> \$4870	The team will have 20-22 days of tournaments and around 42-44 practices during the season. The U15-17 teams will practice two times per week. Each team's tournament schedule is published on the <a href="#">Prism Volleyball Club website</a> . The teams will play in the USAV Power League as well as regional tournaments and practice through their end of season travel tournament to the West Coast Invitational.

Players signing a Letter of Commitments with Prism Volleyball Club will need to pay a non-refundable deposit of \$700 within 30 days of signing. Parents will be provided with a link to the **2025-26 Prism - Complete your Club Commitment** registration hosted on SportsEngine that will guide them through required documents and deposit payment options.

The remainder of the club fees will be due when the season starts near the end of November. Payments made in full on the first payment date of December 15<sup>th</sup>, will receive a 5% discount on the remaining balance due.

### Payment Schedule

There are two payment options available: **single payment** or **monthly**.

The 2025-2026 non-refundable fee schedule for each age division are outlined in the table below:

Team	Required by	Amount	Total (less deposit)	Early discount

U12	Dec 15, 2025	\$1080	\$3270	\$3106
	Jan 15, 2026	\$1080		
	Feb 15, 2026	\$1080		
U13-14	Dec 15, 2025	\$1180	\$3540	\$3363
	Jan 15, 2026	\$1180		
	Feb 15, 2026	\$1180		
U15-17	Dec 15, 2025	\$1390	\$4170	\$3962
	Jan 15, 2026	\$1390		
	Feb 15, 2026	\$1390		

### Forms of Payment

All payments will be made within the SportsEngine platform.

For questions about payments or payment arrangements, contact us at [billing@prismvolleyball.org](mailto:billing@prismvolleyball.org). **Note that coaches cannot accept payments or assist with billing-related questions.**

Athletes 18 years or younger will require a parent or guardian as the co-signer. The parent or guardian who signs the participation agreement and the [USAV Letter of Commitment](#) is liable for any and all fees, dues, and charges for goods and services incurred by the player.

### Late Payments

Payments not received within the 5-calendar day grace period after the due date, will require a

1. A \$25 late fee plus 1.5% monthly finance charge (18% APR) will be charged monthly on the total remaining balance.
2. The player may not be allowed to participate in club activities until the late payment is received.

Accounts that remain unpaid for three or more weeks will be considered “Not in Good Standing” and reported to the Puget Sound Region office of USAV which may affect a player’s ability to participate in future seasons.

Requests due to extenuating circumstances must be emailed to [billing@prismvolleyball.org](mailto:billing@prismvolleyball.org). A response will be provided within 7 days based on the decision by the Board of Directors. Note however that, as a non-profit organization, the club has limited flexibility to make adjustments to the club dues payment plans.

## Responsibilities

Our goal is to provide an enjoyable and safe experience. Failure to comply with the required code of conduct may result in disciplinary action including the form of a warning or athlete suspension.

### Players

#### Attendance

- Attendance at scheduled team events for the duration of the season is mandatory.
- Athletes are expected to be punctual and plan on arriving at training 15 mins before the designated time.
- Players that are late or no-shows risk losing playing time and their club position
- Provide reasonable notification to the coach if their athlete will be late or cannot make a team event in case alternative arrangements are required.

#### Conduct

- Players must understand the mission, values, and philosophy of the club.
- Players represent the club and should behave in an appropriate manner both on and off the court.
- Respect is expected for all players, coaches, match officials, administrative personnel and spectators are expected at all times.
- Acceptance of decisions by match officials (only coaches may discuss based on USAV regulations).
- Be supportive of teammates and encourage an inclusive team environment.
- Communicate any concerns to the coach.
- No drugs or alcohol are permitted at club events. Athletes may be sent home immediately at their expense

#### Equipment

- Players are required to wear the gear issued by the club for all club events.
- Jewelry must not be worn for matches or training sessions for personal safety and that of other players.
- Assist in returning team equipment for transport or storage after club events.

#### Officiating

- Players are required to complete the USAV required Officials training.
- No player is allowed to leave the tournament while her team is officiating.
- Each coach will determine a procedure that his/her team will follow for officiating duties.



## Parents and Guardians

### Attendance

- Ensure that their athletes arrive on time and are ready to play. Likewise, to arrive on time for post practice or other team events.
- Provide reasonable notification to the coach if their athlete will be late or cannot make a team event in case alternative arrangements are required.

### Conduct

- Cheer for the team without coaching from the sidelines.
- Treat other players, coaches, officials, and spectators with respect
- Communicate only with the club's coach at the appropriate time or for any concerns or questions about game play.
- Acts of extreme distraction during training or tournaments may result in the parent or guardian's athlete to be suspended or terminated.
- Do not approach other clubs for transfers of signed athletes (to or from the club) for the current season

### **WARNING!**

- Please pay close attention to your surroundings and be alert at all times, especially during active play and when athletes are warming up.
- Injury from flying objects incidental to the sport of volleyball may occur at this event.

## Coaches

Coaches accept responsibility to uphold ethical and appropriate standards of behavior and safety, including standards that apply to working with youth athletes. Coaches shall not condone, participate in, nor knowingly allow any participant associated with an event to engage in unsafe, unethical, or inappropriate behavior.

Coaches are required to complete all requirements stipulated by USA Volleyball and complete the required courseware for their certification level including:

- SafeSport Training
- Impact Training
- USA Volleyball and Puget Sound Coach of Juniors certification
- Annual USA Volleyball background screening
- Coaches Code of Conduct/Ethics agreement
- Coach Officiating certification
- First Aid & CPR certification

Specific to the club, it is critical that coaches are familiar with the club's mission and help teams develop according to their specific goals. Coaches represent the club and are required to act professionally at all times.

## Junior Club Personnel Code of Ethics

It is the duty and obligation of USA Volleyball affiliated Junior Club Program administrators, directors, coaches, staff and other club personnel to assure the following Junior Club Personnel Code of Ethics is followed and adhered to by all individuals who have an active role in a USA Volleyball Junior Club Program in any Regional Volleyball Association of USA Volleyball.

In a continuing effort to promote safe, healthy and ethical communication, relationships and treatment of all USA Volleyball players and personnel, all adults associated with a Junior Club Program must read, accept and submit this Junior Club Personnel Code of Ethics before they are eligible to actively participate in a Junior Club Program that is associated, affiliated, or participating in USA Volleyball.

- All adult club personnel affiliated with a Junior Club Program must be a registered member with a Regional Volleyball Association and USA Volleyball.
- All adult club personnel including club directors, staff, club administration, coaches, chaperones, assistants.
- Coaches, trainers, etc., affiliated with a Junior Club Program intending to participate in USA Volleyball must have an approved and current background check on file and be currently SafeSport trained as per USA Volleyball and the U.S. Center for SafeSport policies. It is intended that the term "all adult club personnel" be all inclusive and not limited to only those categories identified herein.
- A head coach or assistant coach affiliated with a Junior Club Program must also: be an adult (see Regional Volleyball Association definition of an adult) and be IMPACT certified according to USA Volleyball and Regional Volleyball Association policies.
- If allowed by Regional Volleyball Association rules, an assistant coach who has not yet met the age of majority in the state of residence must be supervised by a head coach recognized by the Regional Volleyball Association and must meet all applicable Regional Volleyball Association and USA Volleyball requirements. Individuals who are registered as junior players and also have an interest in coaching should contact their Regional Volleyball Association regarding coaching eligibility.

## Responsibilities

1. Head coach or other equally qualified club personnel must be present at all practices and competitions. A head coach, adult club representative personnel or registered chaperone must be present during team supervised travel. This individual shall be responsible for the moral, legal and ethical well-being of each participant during team/club activities.

2. Coaches and other adults in positions of authority shall understand the unique power of such positions. Coaches and all other club personnel shall not exploit athletes and shall avoid any relationships which would violate the SafeSport Code (“Code”) or [Minor Athlete Abuse Prevention Policies](#) could compromise the integrity of the learning and participation process, impair professional judgment and/or take advantage of a situation for their own personal gain or gratification.
3. All club personnel must understand that all forms of sexual abuse, assault or harassment of a current or former athlete are unethical, violate the Code, and are illegal, even when an athlete invites or consents to such behavior or involvement. Club personnel shall not engage in sexual/romantic relationships with current athletes or other participants over whom there is/was authority.
4. All club personnel shall ensure that all individuals have met all Regional Volleyball Association and USA Volleyball membership requirements prior to participation in any club, team and/or Regional Volleyball Association/National/USA Volleyball activities.
5. All club personnel must inform the players and their parent(s)/guardian(s) about any Regional Volleyball Association and/or USA Volleyball transfer policy. This policy may restrict or prohibit a participant from transferring to another club or team if specified criteria have been met. Likewise, all club personnel must inform the players and their parent(s)/guardian(s) of any rules or policies regarding coaching transfers during a particular season.
6. All club personnel shall abide by and inform the players and their parent(s)/guardian(s) of applicable regional recruiting policies.
7. All club personnel may not participate in, require another individual to participate in, or condone any act considered to be illegal under federal, state or local laws and/or ordinances and or USA Volleyball / Regional Volleyball Association policies.
8. All club personnel shall strive to educate their athletes and personnel to respect, honor and adhere to the rules of the facility being used during practices, tournaments or events. In this regard, the rules of the facility shall have priority over the rules of the Regional Volleyball Association.
9. All club personnel shall ensure that all activities are suitable for the age, experience and ability of their athletes.
10. All club personnel shall seek professional medical advice when making decisions regarding an injured athlete's ability to continue training or playing.
11. All club personnel shall, while serving in a professional capacity, avoid any drug, tobacco or alcohol use while in the presence of athletes.
12. All club personnel shall not supply or condone the use of drugs, alcohol, tobacco, vaping devices, fireworks, ammunition, firearms, knives or any item or material that can be used as a weapon, to any of the participants or athletes and shall report any athlete using or in the possession of the same.

13. All club personnel shall not allow, encourage, condone or require any behavior that threatens an athlete's amateur status or Regional Volleyball Association, USA Volleyball, school and/or collegiate eligibility.
14. All club personnel shall maintain all relationships with other club personnel on a professional and confidential basis.
15. All club personnel must be positive role models. This includes being courteous, respectful and polite to players, parents, other coaches, club directors, event personnel, and officials.
16. All club personnel will not engage in any physical, verbal or emotional harassment, abusive words or actions, or coercion of current and/or former athletes. Such behavior is illegal and in violation of the Code.
17. All club personnel will immediately report any suspected case of illegal activity, abuse, assault, harassment, or ethical violations of this Junior Club Personnel Code of Ethics to the appropriate legal authorities, including USA Volleyball and Regional Volleyball Association Administrators.

Any violation of this Junior Club Personnel Code of Ethics may result in sanction being issued against the club representative, the individual(s) and the club/team involved. These sanctions may extend to the loss of eligibility of the club representative, the individual(s), the entire club and the team involved.

## Grievance Policy

Competitive team athletics, by its very nature, creates an environment where athletes, parents and/or coaches may not be in agreement with all decisions made. Knowing when and how to communicate with the coach or Club Director is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time.

Athletes are first encouraged to communicate with their coaches. We expect high school age players (15U and up) to be able to approach their coach directly. If the athlete is a younger player it is permissible for a parent to contact the coach to inform them that their athlete has a concern and everyone would like to meet to discuss same.

Athletes are expected to discuss issues concerning playing time or any other volleyball-related subject with their coaches first before escalation is needed. Parents are encouraged to communicate with the Club Director only after exhausting all existing resources to resolve the problem.

Coaches are instructed not to discuss "coaching decisions" with parents or family members. These "coaching decisions" include but are not limited to playing time, substitution patterns, team lineup decisions, etc.

Coaches are not required to defend his/her decision(s) at any time prior to, during, or after the season except to the athlete is same requests. Coaches are not accountable to parents for any coaching decisions; they are accountable to the Club Director.

Coaches are instructed not to engage in controversial discussions during tournaments. If a coach is approached during a tournament, he/she has been instructed to decline to discuss any

controversial matter or matter related to “coaching decisions; to refer the parent to the grievance process, and to walk away from the situation.

All decisions and recommendations by the Club and Club Director are final and not subject to appeal.

## **Minor Athlete Abuse Prevention Policies (MAAPP)**

Minor Athlete Abuse Prevention Policies (MAAPP) is a collection of proactive prevention and training policies that assist sports organizations in meeting their obligations under federal law. The goal of is to:

- Limiting one-on-one interactions, including meetings and individual training sessions
- interactions with minors should be observable and interruptible
- Any violation of MAAPP is reportable.

The USAV MAAPP can be downloaded from <https://usavolleyball.org/safesport/maapp/>.

The policy covers the following areas:

- Meeting and Training Sessions
- Athletic Training Modalities, Massages and Rubdowns
- Locker Rooms and Changing Areas
- Electronic Communications
- Transportation
- Lodging

## **Diversity, Equity, and Inclusion**

Prism Volleyball Club will follow the Puget Sound Regional DE&I Policy outlined at <https://www.psrvb.org/diversity>. Athletes must comply with [USA Volleyball Gender Competition Guidelines](#) to compete in a USA Volleyball-sanctioned bid/qualifying or Junior National Championships.

## Communications

The Club and Coaches will be posting and sending out communications throughout the season. Sports Engine will be sites for team events and notifications.

Club Personal, Coaches and Junior Assistants coaches are prohibited from having a 1:1 conversations with minor athletes outside the presence of others, or without the athlete's parents being included in the communication. Any violations of this policy should be reported to the Club Director, [brent.jacobs@prismvolleyball.org](mailto:brent.jacobs@prismvolleyball.org).

**NOTE:** Athletes should not contact their Coach or Assistant Coach without including their Parent on the communication.

The latest update on events (practices, tournaments, and scrimmages) will be posted to the team's Sports Engine page. Parents must register with SportsEngine to receive club updates and other communications

The Prism Volleyball Club's primary website is: <https://prismvolleyball.org> and the Club's Instagram is <https://www.instagram.com/prismvolleyball>